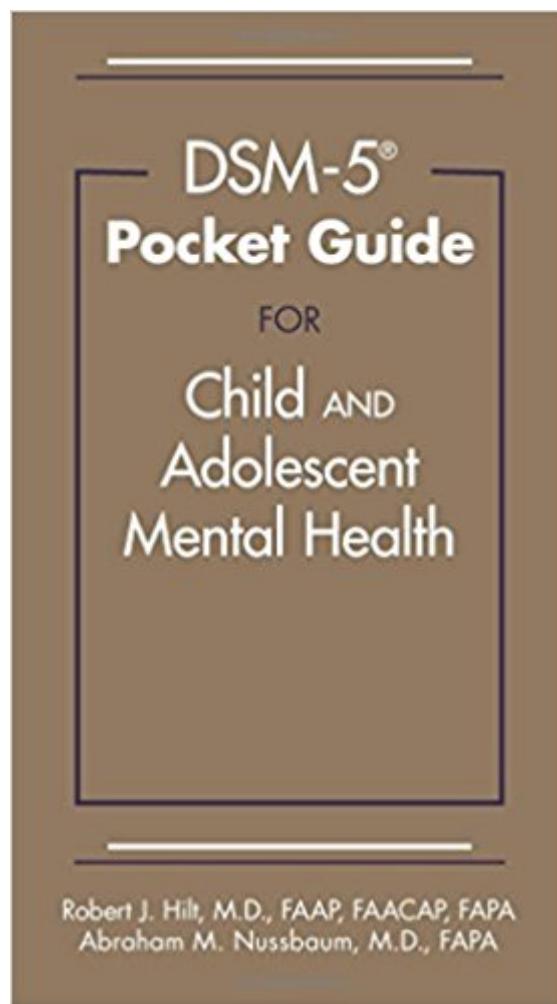


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# DSM-5 Pocket Guide For Child And Adolescent Mental Health



## Synopsis

The DSM-5 Pocket Guide for Child and Adolescent Mental Health integrates DSM-5 diagnostic criteria and evidence-based treatment protocols into the essential companion for all clinicians who evaluate and treat children and adolescents. With its tables, figures, and suggested questions, the Pocket Guide gives readers ready access to expert advice. The book is indispensable for all clinicians interested in improving their ability to provide evidence-based care for children and adolescents with mental distress.

## Book Information

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## Customer Reviews

Robert Hilt and Abraham Nussbaum have written an efficient and effective guide to the mental health interview and use of DSM-5 with children and adolescents. Together with the handy tables provided regarding treatments, this summary and explanation of the DSM-5 diagnostic criteria and detailed guide to the clinical interview will be useful to all clinicians working with youth, especially those in primary care. The authors emphasize that when evaluating a young patient, the practitioner must consider all aspects, not only of the patient, but also of the family, school, and community, and develop the relationship before launching into a symptom checklist. --Mina K. Dulcan, M.D., Head, Child and Adolescent Psychiatry, Ann & Robert H. Lurie Children's Hospital of Chicago, Professor of Psychiatry and Behavioral Sciences and Pediatrics, Northwestern University Feinberg School of Medicine Hilt and Nussbaum's DSM-5 Pocket Guide is an outstanding, user-friendly, clinically meaningful interpretation of disorders relevant to those of us evaluating and treating children and

adolescents. It provides not only youth-specific information on the disorders; it provides very useful ways of soliciting the information as well as guidelines for treatment planning, and psychopharmacologic and psychosocial treatments. Think of the volume as cutting the huge plate of child and adolescent diagnosis, psychopathology and treatment into bite-sized and easy to swallow pieces! Clinicians caring for the mental health of children shouldn't be without it! --Gabrielle A. Carlson, M.D., Professor of Psychiatry and Pediatrics, Stony Brook University School of Medicine, Putnam Hall-South Campus

This book is much more than an excerpt or summary of the sections of DSM-5 which are particularly relevant to children and adolescents. Instead, the authors have created a practical guide and real world tool to facilitate the diagnostic assessment of young patients. I am confident it will prove to be a useful resource for both trainees and practicing clinicians. --David Fassler, M.D., Clinical Professor of Psychiatry, University of Vermont, College of Medicine

Designed for interviewers at all levels of experience and in a variety of specialties, The DSM-5(R) Pocket Guide for Child and Adolescent Mental Health helps clinicians use DSM-5 in diagnostic interviews and initial treatment planning for children and adolescents. Assessment in this population requires special skills and considerations because the patient must be evaluated in the context of the family and community. This thoughtful yet practical guide does not replace DSM-5 but acts as a companion and reference, translating the DSM-5 framework and explaining how to employ the criteria as part of a diagnostic interview. The book builds on the best-selling The Pocket Guide to the DSM-5(R) Diagnostic Exam by providing diagnostic interviews of different lengths and tailoring all questions specifically for children and adolescents while introducing multiple tools for treatment planning and advice for initial psychosocial, psychoeducational, psychotherapeutic, and psychopharmacological treatments. Easy to use and pragmatic in orientation, The DSM-5(R) Pocket Guide for Child and Adolescent Mental Health helps clinicians to accurately diagnose a child or adolescent in mental distress while establishing a therapeutic alliance, which is the goal of any psychiatric encounter.

Very useful DSM-5 pediatric guide. Thorough and thoughtful. Small enough to carry along from room to room in patient visits.

This is a great pocket version and very easy to use. I use it almost daily in my practice. I highly recommend it to anyone seeing kids and adolescents.

Very informative and helpful. While the information is available in the DSM-5 this supplement brings relevant information to your fingertips making the completion of treatment plans easier. Enhances the use of your time.

Concise and a great ready office reference.

I use this a lot when screening and assessing youth.

an excellent resource that summarizes what's important related to children and adolescents

The edition I received was missing three chapters. Unfortunately, I didn't discover this until after the 30 day return period. Would expect more of the APA press's quality control.

Good aid for diagnostic purposes with children.

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